

Base	Serving Size	Calories	Calories From Fat	Fat Grams	% DV	Saturated Fat (g)	% DV	Trans Fat	Cholesterol (mg)	% DV	Sodium (mg)	% DV	Carbohydrates (g)	% DV	Fiber (g)	% DV	Sugar (g)	Protein (g)	Vitamin A (% DV)	Vitamin C (%DV)	Calcium (% DV)	Iron (% DV)	
SHAKES & MALTS																							
Chocolate Shake	Premium IC	As Prepared	1200	650	72	111%	42	210%	2.5	240	80%	355	15%	125	42%	2	8%	98	14	50%	6%	45%	8%
	Lowfat IC	As Prepared	800	200	22	34%	14	70%	0.5	70	23%	385	16%	135	45%	2	8%	106	17	15%	8%	55%	8%
	Soft-Serve	As Prepared	850	340	39	60%	24	120%	1.0	120	40%	350	15%	115	38%	2	8%	88	15	25%	6%	50%	8%
Lowfat Yogurt	As Prepared	730	190	21	32%	13	65%	0.0	50	17%	475	20%	128	43%	2	8%	97	12	10%	4%	40%	8%	
Banana Bread Shake	Premium IC	As Prepared	1360	690	75	115%	43	215%	3.0	250	83%	265	11%	156	52%	4	16%	119	17	50%	25%	45%	10%
Banana Shake	Premium IC	As Prepared	1180	650	72	111%	42	210%	2.5	240	80%	260	11%	121	40%	3	12%	103	14	50%	25%	45%	2%
Berry Berry Shake	Premium IC	As Prepared	1150	640	72	111%	42	210%	2.5	240	80%	260	11%	113	38%	1	4%	98	13	50%	35%	45%	2%
Black Forest Shake	Premium IC	As Prepared	1190	650	73	112%	43	215%	2.5	230	77%	230	10%	117	39%	2	8%	103	15	50%	5%	45%	15%
Brownie Shake	Premium IC	As Prepared	1300	710	79	122%	46	230%	2.5	240	80%	440	18%	131	44%	2	8%	107	17	50%	6%	50%	4%
Butterscotch Shake	Premium IC	As Prepared	1330	640	72	111%	42	210%	2.5	240	80%	460	19%	156	52%	0	0%	131	13	50%	6%	40%	2%
Candy Bar Shake	Premium IC	As Prepared	1550	580	96	148%	44	220%	2.5	215	72%	735	31%	157	52%	6	24%	118	24	45%	6%	50%	20%
Caramel Banana Shake	Premium IC	As Prepared	1340	670	75	115%	44	220%	3.0	250	83%	410	17%	156	52%	3	12%	124	16	50%	25%	50%	4%
Caramel Shake	Premium IC	As Prepared	1240	670	74	114%	44	220%	3.0	250	83%	410	17%	129	43%	0	0%	101	14	50%	6%	50%	2%
Cherry Shake	Premium IC	As Prepared	1080	640	72	111%	42	210%	2.5	240	80%	260	11%	97	32%	0	0%	82	13	50%	6%	40%	2%
Cookies Extreme Shake	Premium IC	As Prepared	1390	650	72	111%	41	205%	3.0	230	77%	415	17%	171	57%	1	4%	131	13	50%	6%	45%	10%
Dreamsicle Shake	Premium IC	As Prepared	1100	640	75	115%	44	210%	2.5	240	80%	255	11%	101	34%	0	0%	86	13	50%	40%	40%	2%
Pineapple Shake	Premium IC	As Prepared	1210	640	72	111%	42	210%	2.5	240	80%	290	12%	128	43%	0	0%	113	13	50%	10%	40%	6%
Raspberry Shake	Premium IC	As Prepared	1140	640	72	111%	42	210%	2.5	240	80%	260	11%	112	37%	0	0%	97	13	50%	20%	45%	2%
Raspberry Vanilla Shake	Premium IC	As Prepared	1120	640	72	111%	42	210%	2.5	240	80%	265	11%	107	36%	0	0%	98	13	50%	15%	45%	2%
Root Beer Shake	Premium IC	As Prepared	1080	640	72	111%	42	210%	2.5	240	80%	260	11%	97	32%	0	0%	82	13	50%	6%	40%	2%
Strawberry Shake	Premium IC	As Prepared	1090	620	70	108%	40	200%	2.5	240	80%	250	10%	106	35%	1	0%	94	13	50%	45%	45%	2%
Taffy Apple Shake	Premium IC	As Prepared	1510	590	98	151%	44	220%	2.5	230	77%	705	29%	142	47%	4	16%	109	23	50%	6%	50%	15%
Triple Chocolate Shake	Premium IC	As Prepared	1300	690	76	117%	45	225%	2.5	235	78%	340	14%	141	47%	4	16%	119	18	50%	6%	50%	20%
Vanilla Shake	Premium IC	As Prepared	1080	640	72	111%	42	210%	2.5	240	80%	265	11%	97	32%	0	0%	82	13	50%	6%	40%	2%
FOR MALTS, ADD:			90	20	2	3%	1	5%	N/A	5	2%	85	4%	15	5%	0	0%	10	3	0%	0%	4%	0%

Base	Serving Size	Calories	Calories From Fat	Fat Grams	% DV	Saturated Fat (g)	% DV	Trans Fat	Cholesterol (mg)	% DV	Sodium (mg)	% DV	Carbohydrates (g)	% DV	Fiber (g)	% DV	Sugar (g)	Protein (g)	Vitamin A (% DV)	Vitamin C (%DV)	Calcium (% DV)	Iron (% DV)	
OLD FASHIONED SUNDAES																							
Butterscotch Sundae	Premium IC	Single Scoop	820	350	39	60%	23	115%	1.5	200	67%	330	14%	109	36%	0	0%	93	7	25%	2%	20%	0%
Caramel Sundae	Premium IC	Single Scoop	730	370	41	63%	24	120%	1.5	145	48%	285	12%	82	27%	0	0%	63	8	30%	4%	25%	0%
Chocolate Sundae	Premium IC	Single Scoop	690	350	39	60%	23	115%	1.5	135	45%	230	10%	79	26%	2	8%	60	7	25%	2%	25%	8%
Marshmallow Sundae	Premium IC	Single Scoop	740	350	39	60%	23	115%	1.5	135	45%	195	8%	92	31%	0	0%	73	7	25%	2%	25%	0%
Pineapple Sundae	Premium IC	Single Scoop	700	350	39	60%	23	115%	1.5	135	45%	160	7%	81	27%	0	0%	75	7	25%	10%	20%	4%
Raspberry Sundae	Premium IC	Single Scoop	630	350	39	60%	22	110%	1.5	135	45%	130	5%	65	22%	0	0%	59	0	25%	15%	25%	0%
Strawberry Sundae	Premium IC	Single Scoop	630	350	39	60%	23	115%	1.5	135	45%	130	5%	66	22%	1	4%	58	7	25%	40%	25%	2%
SIGNATURE SUNDAES																							
Apple-Cin Sundae	Premium IC	As Prepared	840	370	40	62%	23	115%	1.5	135	45%	320	13%	112	37%	0	0%	78	9	30%	4%	25%	2%
Banana Royal	Premium IC	As Prepared	1300	700	79	122%	34	170%	2.0	180	60%	360	15%	143	48%	7	28%	116	14	40%	50%	35%	10%
	Lowfat IC	As Prepared	1020	380	44	68%	14	70%	0.5	65	22%	395	16%	146	49%	7	28%	118	17	15%	45%	50%	8%
	Soft-Serve	As Prepared	1060	490	57	88%	22	110%	0.0	105	35%	365	15%	130	43%	7	28%	104	15	25%	45%	45%	8%
	Lowfat Yogurt	As Prepared	970	380	44	68%	14	70%	0.0	55	18%	460	19%	140	47%	7	28%	111	13	15%	45%	35%	8%
Caramel Cream Sundae	Premium IC	As Prepared	860	370	41	63%	23	115%	1.5	175	58%	490	20%	112	37%	1	3%	82	11	30%	4%	30%	6%
Choc PB Sundae	Premium IC	As Prepared	770	420	47	72%	23	115%	1.0	117	39%	350	15%	81	27%	4	16%	60	13	25%	2%	20%	20%
Hot Fudge Brownie Sundae	Premium IC	As Prepared	1230	680	77	118%	31	155%	3.0	185	62%	495	21%	130	43%	6	24%	105	17	30%	6%	40%	20%
	Lowfat IC	As Prepared	1040	450	52	80%	17	85%	2.0	95	32%	510	21%	135	45%	6	24%	109	19	15%	6%	45%	20%
	Soft-Serve	As Prepared	1060	520	60	92%	23	115%	2.0	120	40%	490	20%	125	42%	6	24%	100	18	20%	6%	45%	20%
	Lowfat Yogurt	As Prepared	1000	450	51	78%	17	85%	1.5	90	30%	555	23%	131	44%	6	24%	104	16	10%	4%	35%	20%
Hot Fudge Sundae	Premium IC	As Prepared	830	410	46	71%	27	135%	1.5	150	50%	260	11%	99	33%	1	4%	88	12	30%	6%	35%	6%
	Lowfat IC	As Prepared	630	180	20	31%	13	65%	0.5	65	22%	275	11%	104	35%	2	8%	92	13	10%	6%	45%	6%
	Soft-Serve	As Prepared	660	260	29	45%	18	90%	1.0	90	30%	255	11%	93	31%	2	8%	83	12	15%	6%	40%	4%
	Lowfat Yogurt	As Prepared	600	180	20	31%	13	65%	0.0	55	18%	320	13%	100	33%	2	8%	87	11	10%	4%	35%	4%
Oreo Sundae	Premium IC	As Prepared	830	370	41	63%	23	115%	2.0	130	43%	330	14%	111	37%	2	8%	81	8	25%	4%	25%	15%
Rocky Road Sundae	Premium IC	As Prepared	960	520	57	88%	26	130%	1.5	130	43%	325	14%	100	33%	4	16%	77	17	25%	4%	20%	10%
Strawberry Shortcake Sundae	Premium IC	As Prepared	730	330	37	57%	20	100%	1.0	160	53%	300	13%	93	31%	2	8%	76	8	25%	55%	25%	8%
Tin Roof Sundae	Premium IC	As Prepared	940	500	56	86%	25	125%	1.5	135	45%	340	14%	98	33%	3	12%	74	17	25%	2%	25%	4%
Turtle Candy Sundae	Premium IC	As Prepared	1020	610	69	106%	28	140%	1.5	145	48%	345	14%	95	32%	4	16%	76	13	30%	4%	35%	8%
	Lowfat IC	As Prepared	820	380	44	68%	14	70%	0.5	60	20%	360	15%	100	33%	4	16%	80	14	15%	6%	40%	8%
	Soft-Serve	As Prepared	850	450	52	80%	20	100%	1.0	85	28%	340	14%	90	30%	4	16%	71	13	30%	6%	35%	8%
	Lowfat Yogurt	As Prepared	790	380	43	66%	14	70%	0.5	50	17%	400	17%	96	32%	4	16%	76	12	10%	4%	30%	8%
COOKIE SUNDAES (Available in Select Locations)																							
Vanilla Chocolate Chunk Cookie Sundae	Premium IC	Single Scoop	1010	500	55	85%	31	155%	1.0	125	42%	420	18%	115	38%	3	12%	88	13	25%	4%	30%	10%
	Premium IC	Double Scoop	1240	630	71	109%	40	200%	1.5	175	58%	245	10%	135	45%	2	8%	106	11	40%	40%	25%	8%
Twisted Chocolate Chunk Cookie Sundae	Premium IC	Single Scoop	1210	580	65	100%	34	170%	1.0	120	40%	605	25%	145	48%	5	20%	106	16	25%	4%	30%	25%
	Premium IC	Double Scoop	1445	720	80	123%	43	215%	1.5	170	57%	655	27%	166	55%	5	20%	125	19	35%	4%	45%	25%
Strawberry 'N' Sugar Cookie Sundae	Premium IC	Single Scoop	850	360	41	63%	24	120%	1.0	135	45%	195	8%	111	37%	2	8%	85	9	30%	35%	15%	8%
	Premium IC	Double Scoop	1060	470	53	82%	35	175%	1.5	175	58%	245	10%	135	45%	2	8%	106	11	40%	40%	25%	8%

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FROSTBITES																							
Ice Cream OR French Vanilla Yogurt	Soft Serve Lowfat	12 ounces 12 ounces	580 460	240 89	27 10	42% 15%	18 6	90% 0.0	1.0 25	30% 0.0	225 350	9% 15%	70 83	23% 28%	1 1	4% 4%	60 69	13 10	15% 6%	6% 4%	45% 35%	0% 0%	
ADD AN INCLUSION:																							
Butterfingers - Crushed		2 ounces	260	90	10	15%	6	30%	0.0	0	0%	130	5%	41	14%	1	4%	27	4	0%	0%	2%	2%
Cookie Dough Pieces		2 ounces	230	70	8	12%	5	25%	0.0	30	10%	180	8%	39	13%	0	0%	24	2	4%	0%	4%	2%
Heath Bars - Crushed		2 ounces	310	160	18	28%	8	40%	2.5	15	5%	220	9%	36	12%	1	4%	33	2	4%	0%	4%	0%
M & M's		2 ounces	280	100	13	20%	7	35%	0.0	20	7%	35	1%	40	13%	1	4%	36	2	4%	0%	6%	4%
Oreo Cookie Pieces		2 ounces	270	100	13	20%	2	10%	2.0	0	0%	295	12%	40	13%	2	8%	23	2	0%	0%	0%	15%
Reese's Cups - Chopped		2 ounces	310	160	17	26%	6	30%	0.0	5	2%	165	7%	32	11%	0	0%	27	6	0%	0%	4%	4%
Snickers - Chopped		2 ounces	270	120	13	20%	5	25%	0.0	10	3%	140	6%	29	10%	1	4%	29	4	2%	0%	4%	2%
Take 5 Bar - Chopped		2 ounces	290	130	14	22%	7	35%	0.0	5	2%	240	10%	34	11%	2	8%	24	5	0%	0%	4%	4%
Gummie Worms		2 ounces	180	0	0	0%	0	0%	0.0	0	0%	25	1%	40	13%	0	0%	29	3	0%	0%	0%	0%
OBERWEIS SMOOTHIES																							
Banana Mango		16 oz 24 oz	420 580	5 5	1 1	1% 1%	0 0	0% 0%	0.0 0.0	0 0	0% 0%	0 0	0% 0%	104 143	35% 48%	6 7	24% 28%	87 118	2 3	60% 80%	120% 170%	2% 4%	8% 10%
Berry Creamy		16 oz 24 oz	430 650	100 140	10 15	15% 23%	6 9	30% 45%	0.0 0.0	30 45	10% 15%	80 115	3% 5%	83 125	28% 42%	4 7	16% 28%	76 113	6 9	8% 15%	80% 120%	20% 30%	4% 6%
Berry Mango		16 oz 24 oz	570 860	20 30	2 3	3% 5%	1 2	5% 10%	0.0 0.0	5 10	2% 3%	35 55	1% 2%	135 202	45% 67%	3 5	12% 20%	110 165	2 3	70% 110%	70% 100%	6% 10%	4% 6%
Blueberry Banana		16 oz 24 oz	410 560	15 20	2 2	3% 3%	0 0	0% 0%	0.0 0.0	0 0	0% 0%	0 5	0% 0%	105 143	35% 48%	5 6	20% 24%	97 133	2 3	4% 4%	110% 150%	4% 4%	6% 8%
Caramel Apple		16 oz 24 oz	560 800	110 160	13 19	20% 29%	8 12	40% 60%	1.0 1.0	40 60	13% 20%	330 455	14% 19%	104 147	35% 49%	0 0	0% 0%	80 114	6 9	10% 15%	4% 6%	25% 35%	2% 2%
Lemonade		16 oz 24 oz	580 870	0 0	0 0	0% 0%	0 0	0% 0%	0.0 0.0	0 0	0% 0%	80 115	3% 5%	150 220	50% 73%	0 0	0% 0%	135 202	0 0	0% 0%	50% 80%	0% 0%	0% 0%
Mango		16 oz 24 oz	350 530	0 0	0 0	0% 0%	0 0	0% 0%	0.0 0.0	0 0	0% 0%	0 0	0% 0%	85 127	28% 42%	0 0	0% 0%	70 106	0 0	70% 110%	0% 0%	0% 0%	0% 0%
Raspberry Lemonade		16 oz 24 oz	460 830	0 0	0 0	0% 0%	0 0	0% 0%	0.0 0.0	0 0	0% 0%	15 20	1% 1%	115 208	38% 69%	3 5	12% 20%	103 187	2 3	4% 6%	110% 160%	2% 4%	10% 15%
Strawberry-Bananna		16 oz 24 oz	330 520	5 10	1 1	1% 2%	0 0	0% 0%	0.0 0.0	0 0	0% 0%	0 5	0% 0%	85 133	28% 44%	3 5	12% 20%	80 126	2 3	2% 4%	140% 220%	2% 4%	6% 10%
Strawberries & Cream		16 oz 24 oz	480 720	80 130	9 14	14% 22%	6 9	30% 45%	0.0 0.0	30 45	10% 15%	80 115	3% 5%	97 145	32% 48%	2 3	8% 12%	91 136	6 8	8% 10%	140% 210%	20% 25%	6% 8%
Strawberry Lemonade		16 oz 24 oz	510 760	5 5	0 1	0% 1%	0 0	0% 0%	0.0 0.0	0 0	0% 0%	45 70	2% 3%	130 195	43% 65%	3 5	12% 20%	124 186	2 2	2% 4%	200% 300%	4% 6%	8% 10%
Strawberry-Raspberry		16 oz 24 oz	290 460	10 17	1 2	2% 2%	0 0	0% 0%	0.0 0.0	0 0	0% 0%	0 0	0% 0%	74 115	25% 38%	3 5	12% 20%	71 110	1 2	2% 4%	110% 180%	4% 6%	4% 8%
Strawberry Smoothie		16 oz 24 oz	310 470	0 5	0 1	0% 1%	0 0	0% 0%	0.0 0.0	0 0	0% 0%	0 5	0% 0%	80 120	27% 40%	3 5	12% 20%	75 113	2 2	2% 4%	190% 280%	4% 4%	8% 10%
Smooth Sour Apple		16 oz 24 oz	340 580	80 120	9 14	14% 22%	6 9	30% 45%	0.0 0.0	30 45	10% 15%	100 165	4% 7%	58 105	19% 35%	0 0	0% 0%	55 100	4 7	6% 10%	4% 6%	15% 25%	2% 2%
Yo Berry		16 oz 24 oz	420 640	35 50	4 6	6% 9%	2 3	10% 15%	0.0 0.0	10 10	3% 3%	125 190	5% 8%	96 144	32% 48%	4 6	16% 24%	87 131	5 7	12% 20%	180% 270%	10% 20%	4% 8%
Whole Lotta Berry		16 oz 24 oz	400 600	10 10	0.5 1.0	1% 2%	0 0	0% 0%	0.0 0.0	0 0	0% 0%	5 5	0% 0%	107 150	36% 50%	3 5	12% 20%	102 144	2 2	2% 4%	170% 270%	2% 6%	8% 10%

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OBERWEIS ULTIMATE LATTES																						
Caramel Crème Latte	16 oz	610	310	34	52%	20	100%	1.0	125	42%	225	9%	63	21%	0	0%	55	10	30%	4%	35%	2%
Cherry Cordial Latte	16 oz	630	350	39	60%	23	115%	1.5	130	43%	180	8%	57	19%	1	4%	51	11	30%	4%	35%	6%
Chocolate Latte	16 oz	630	350	39	60%	22	110%	1.5	130	43%	180	8%	55	18%	1	4%	49	11	30%	4%	35%	6%
Chocolate Marshmallow Latte	16 oz	720	350	39	60%	23	115%	1.5	130	43%	210	9%	78	26%	1	4%	66	11	30%	4%	35%	6%
Cinnamon Latte	16 oz	690	350	39	60%	23	115%	0.5	140	47%	270	11%	70	23%	0	0%	57	11	35%	6%	40%	2%
Coffee Latte	16 oz	600	340	38	58%	22	110%	1.5	135	45%	195	8%	52	17%	0	0%	46	11	35%	4%	35%	0%
Hazelnut Latte	16 oz	800	340	38	58%	22	110%	1.5	135	45%	195	8%	100	33%	0	0%	94	10	35%	4%	35%	0%
Peppermint Latte	16 oz	630	330	37	57%	21	105%	1.5	130	43%	190	8%	59	20%	0	0%	49	10	30%	4%	35%	0%
Turtle Latte	16 oz	710	360	40	62%	24	120%	1.5	135	45%	255	11%	73	24%	1	4%	60	12	35%	4%	40%	6%
Vanilla Bean Latte	16 oz	610	340	38	58%	22	110%	1.5	135	45%	195	8%	53	18%	0	0%	46	11	35%	4%	35%	0%
OBERWEIS FROZEN LATTES																						
Regular Frozen Latte	16 oz	730	340	39	60%	23	115%	1.5	135	45%	225	9%	83	28%	0	0%	70	11	35%	4%	35%	2%
	24 oz	1050	480	55	85%	32	160%	2.0	190	63%	325	14%	122	41%	0	0%	103	16	45%	6%	50%	2%
Caramel Frozen Latte	16 oz	910	300	34	52%	20	100%	1.5	117	39%	416	17%	113	38%	0	0%	86	12	30%	6%	40%	0%
	24 oz	1360	460	52	80%	31	155%	2.5	180	60%	660	28%	179	60%	0	0%	134	19	45%	8%	60%	2%
Mocha Frozen Latte	16 oz	790	340	39	60%	23	115%	1.5	135	45%	270	11%	99	33%	1	4%	80	11	35%	4%	35%	4%
	24 oz	1140	480	55	85%	33	165%	2.0	188	63%	400	17%	145	48%	1	4%	118	17	45%	6%	50%	6%
Vanilla Frozen Latte	16 oz	740	340	39	60%	23	115%	1.5	135	45%	230	10%	87	29%	0	0%	72	11	35%	4%	40%	0%
	24 oz	1070	480	55	85%	32	160%	2.0	190	63%	335	14%	127	42%	0	0%	108	16	45%	6%	50%	2%
OBERWEIS ICED LATTES																						
Regular Iced Latte	16 oz	190	63	7	11%	4	20%	0.0	25	8%	185	8%	18	6%	0	0%	18	12	15%	6%	45%	0%
	24 oz	290	90	11	17%	7	35%	0.0	40	13%	275	11%	26	9%	0	0%	26	18	20%	8%	60%	2%
Caramel Iced Latte	16 oz	410	80	9	14%	6	30%	0.5	35	12%	375	16%	67	22%	0	0%	47	12	15%	6%	45%	0%
	24 oz	670	140	15	23%	9	45%	1.0	55	18%	620	26%	111	37%	0	0%	77	19	25%	10%	70%	2%
Mocha Iced Latte	16 oz	320	50	6	9%	4	20%	0.0	25	8%	200	8%	55	18%	1	4%	49	11	10%	4%	35%	4%
	24 oz	580	90	10	15%	6	30%	0.0	35	12%	345	14%	104	35%	1	4%	92	17	20%	8%	60%	8%
Vanilla Iced Latte	16 oz	170	50	6	9%	4	20%	0.0	25	8%	160	7%	18	6%	0	0%	18	10	10%	4%	35%	0%
	24 oz	280	80	9	14%	6	30%	0.0	35	12%	255	11%	28	9%	0	0%	28	16	20%	8%	60%	2%
OBERWEIS HOT CHOCOLATE & CIDER																						
Traditional Hot Chocolate	12 oz	490	140	16	25%	9	45%	0.0	55	18%	415	17%	78	26%	3	12%	62	13	20%	6%	40%	10%
Kid's Traditional Hot Chocolate	10oz	280	40	5	8%	3	15%	0.0	15	5%	275	11%	55	18%	2	8%	41	7	8%	4%	25%	10%
FOR FLAVORED HOT CHOCOLATE ADD YOUR CHOICE OF:																						
Frosted Mint	1 ounce	0	0	0	0%	0	0%	0.0	0	0%	0	0%	54	0%	0	0%	0	0	0%	0%	0%	0%
Hazelnut	2 ounces	0	0	0	0%	0	0%	0.0	0	0%	0	0%	0	0%	0	0%	0	0	0%	0%	0%	0%
Raspberry	2 ounces	0	0	0	0%	0	0%	0.0	0	0%	0	0%	0	0%	0	0%	0	0	0%	0%	0%	0%
Hot Caramel Cider	12oz	350	21	3	4%	2	7%	0.0	10	2%	240	10%	80	27%	0	0%	67	1	2%	15%	4%	0%